

Ki Aikido Summer seminar

Doshu Kenjiro Yoshigasaki

July 15.- 20. 2012

Stevns, Denmark

You are hereby invited to our biannual summer seminar with Sensei. Like last time the venue is in the village of "Store Heddinge", in the heart of Stevns, about 50 km south of Copenhagen. In between classes, you can enjoy walks in the forest at Stevns cliffs, the blue lakes of Faxe or just go to the beach.

There are train connections from Copenhagen to Store Heddinge, and the Motorway E47 passes nearby.

Venue: **Stevnshallen**

Parkvej 3, 4660 Store Heddinge

We will be staying at a hostel 100m from there:

Danhostel – Store Heddinge

Ved Munkevænget 1, 4660 Store Heddinge

A small, good quality hostel, with rooms for 4-6 people, and three meals a day (meat/veggie).

It is also possible to stay at camping nearby (8 and 14 km!)

www.rodvigcamping.dk www.stevnscamping.dk

Registration to michael@toitsu.dk, before June 1.

Special price:

Reg. & pay the seminar fee before **April 1** and save 15 €.

Further information at www.toitsu.dk/aikido-summer-2012

(with links to above places!) or www.facebook.com/aikido.gladsaxe.

Schedule:

Sunday 15/7:

14.00-15.30 arrival and registration at hostel

16.00-18.00 Aikido all

18.45 dinner

Monday 16/7 – Thursday 19/7:

7.00-7.45 morning practise

8.00-9.00 breakfast

9.30-11.00 Aikido all

11.00-12.00 instructors

12.30-13.00 lunch

15.30-16.30 instructors

16.30-18.00 Aikido all

18.30 dinner

Friday 20/7

8.00-9.00 breakfast

9.30-11.30 Aikido all

12.30-13.00 lunch and departure

Thursday evening we will have a party!!

Seminar fee

Practise: 125 €/ 940 Dkr whole seminar

145 €/1080 Dkr Instructors)

Early birds, save 15 € 110 €/825 Dkr whole seminar

(Pay+reg. before April 1): 130 €/ 975 Dkr Instructors

Food and lodging: 250 €/1875 Dkr whole seminar

54 €/400 Dkr a day

Banking info: Toitsu - Ki & Aikido Dojo, Gladsaxe, Danske Bank,

Bank code/Reg. no.: 1551, Account No: 16589411 IBAN: DK5430000016589411, BIC (SWIFT): DABADKKK